



Summer Class Schedule

Monday, July 2 - Friday, August 24, 2018
 (Monday: 7 weeks, Tuesday - Friday: 8 weeks)
CLASSES CANCELLED Monday, August 6 CIVIC HOLIDAY
SEASON BREAK Monday, August 27 - Friday, September 7, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
6:15 a.m Reformer		7 a.m Reformer	6:45 a.m Reformer (45 minutes)	6:05 a.m Indoor Cycle (45 minutes)
9:30 a.m Reformer				7 a.m Yoga
12 p.m Reformer (45 minutes)		12 p.m Reformer (45 minutes)		12 p.m Reformer (45 minutes)
5:15 p.m Reformer	5:30 p.m Reformer			
6:15 p.m Mat (S.A, T)* Pilates	5:30 p.m Mat (S.A,E)* Pilates	6:15 p.m Indoor Cycle & Restorative Yoga	6 p.m Reformer	
7 p.m Indoor Cycle & Restorative Yoga	6:30 p.m Reformer (45 minutes)	7:15 p.m Reformer YOGA	7 p.m Reformer	

Class Type	Class Cost	Loyalty Program
Reformer (60 min)	\$28.50	\$26.50
Reformer (45 min)	\$22.50	\$21.50
Mat Pilates/Yoga	\$21.50	\$20.50
Mat Pilates(45 min)	\$16.50	\$15.50
Spin (45 min)	\$15.00	\$14.00
Spin & Restorative Yoga	\$21.50	\$20.50
Open Class Pass*	\$150 - \$500	

Prices set per person/class and do not include HST

Example: Reformer(60 min)Class for the summer is:
 $\$26.50 \times 8 = 212 \times 13\% \text{ (HST)} \$27.56 = \$239.56$
 (Loyalty Program Price)

* **Open class pass:** this is a credit on your client account (without expiry). When you attend a class the cost will be processed and applied to your account credit. We will send you an email as your credit runs low.

* Please note with the open class pass you will need to utilize the MindBody App or Online class access at artoffitness.net/registration/

Sign up for a minimum of 4 weeks to qualify for our Loyalty Program

*S.A = small apparatus, E = exo chair, T = tower/springs