



SPRING CLASSES

Monday, April 2 - Friday, June 22

(Monday classes 11 weeks)

(Tuesday - Friday classes 12 weeks)

STUDIO CLOSED
May 21 VICTORIA DAY

TRANSITIONAL SEASON BREAK:
Monday, June 25 - Friday, June 29, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
6:15 a.m. Reformer Stephanie	6:15 a.m. Indoor Cycle Deanna		6:45 a.m. Reformer Stephanie	6:05 a.m. Indoor Cycle Stephanie
9:30 a.m. Reformer Stephanie		7:00 a.m. Reformer Stephanie		7:00 a.m. Restorative Yoga PJ
12:00 p.m. Reformer (45 min) Katie		12:00 p.m. Reformer (45 min) Kris		12:00 p.m. Reformer (45 min) Katie
5:15 p.m. Reformer Katie	5:30 p.m. Reformer Erin			
6:15 p.m. Mat Pilates Katie	5:30 p.m. Mat Pilates Stephanie	6:15 p.m. Indoor Cycle & Restorative Yoga PJ	6:00 p.m. Reformer Katie	
7:00 p.m. Indoor Cycle & Restorative Yoga PJ	7:30 p.m. Reformer (45 min) Erin	7:15 p.m. Reformer Yoga PJ	7:00 p.m. Reformer Katie	



Prices set per person/class and do not include HST

For example: Reformer (60 min) Class for the Spring
 $\$26.50 \times 12 = 318 \times 13\% \text{ (HST)} \$41.34 = \$359.34$

* **Open class pass:** this is a credit on your client account (without expiry). When you attend a class the cost will be processed and applied to your account credit. We will send you an email as your credit runs low.

Class Type	Class Cost	Loyalty Program
Reformer (60 min)	\$28.50	\$26.50
Reformer (45 min)	\$22.50	\$21.50
Mat Pilates/Yoga	\$21.50	\$20.50
Mat Pilates(45 min)	\$16.50	\$15.50
Spin (45 min)	\$15.00	\$14.00
Spin & Restorative Yoga	\$21.50	\$20.50
Open Class Pass*	\$150 - \$500	